



# **FINANCIAL PLANNING FOR DIFFERENT LIFE STAGES:** From Student to Retirement

**MFPC Financial Planning Day  
Securities Commission Malaysia  
11 October 2025**

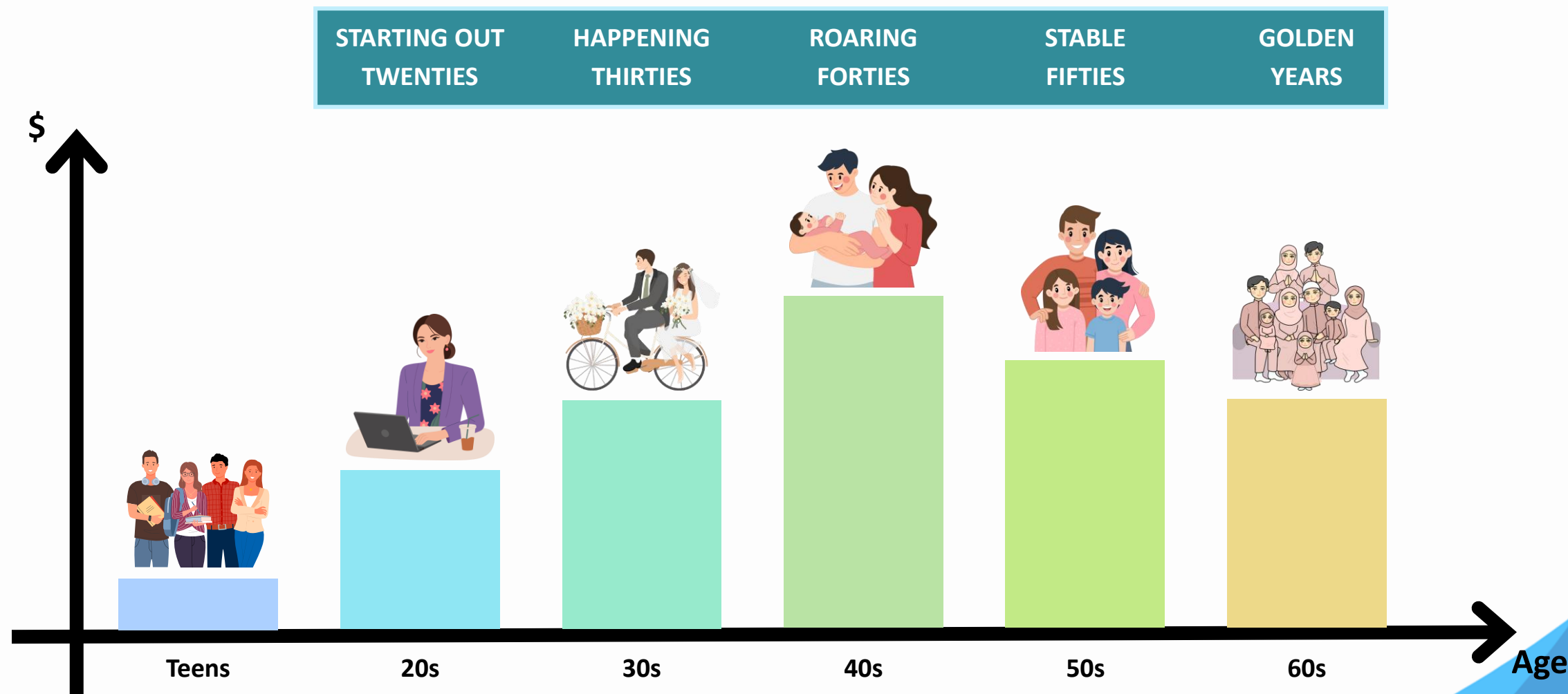
# DISCLAIMER

This presentation is provided for educational and informational purposes only and does not constitute financial advice. The examples, concepts, and strategies discussed are intended to help you understand general financial principles.

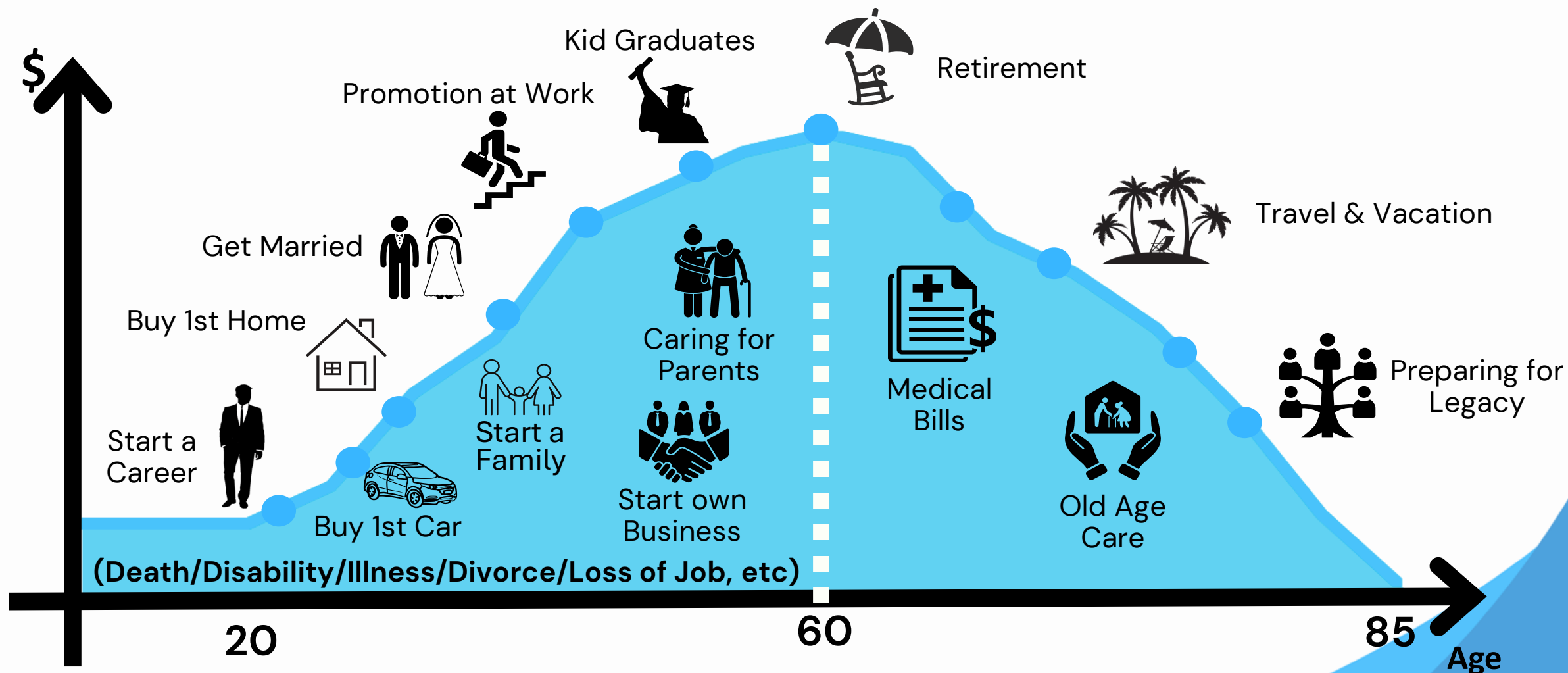
Please note that every individual's financial situation, goals, and priorities are different. Therefore, even the best-constructed financial plan may not be suitable for everyone. What works for one person may not necessarily apply to another.

We strongly encourage you to consult a professional licensed financial planner or advisor who can assess your unique circumstances and provide personalised recommendations before making any financial decisions.

# Life Stages



# Life Events



# WHY FINANCIAL PLANNING MATTERS?





## Definition of Financial Planning

Financial planning is the process of **managing your finances systematically** to achieve life goals.

It involves:

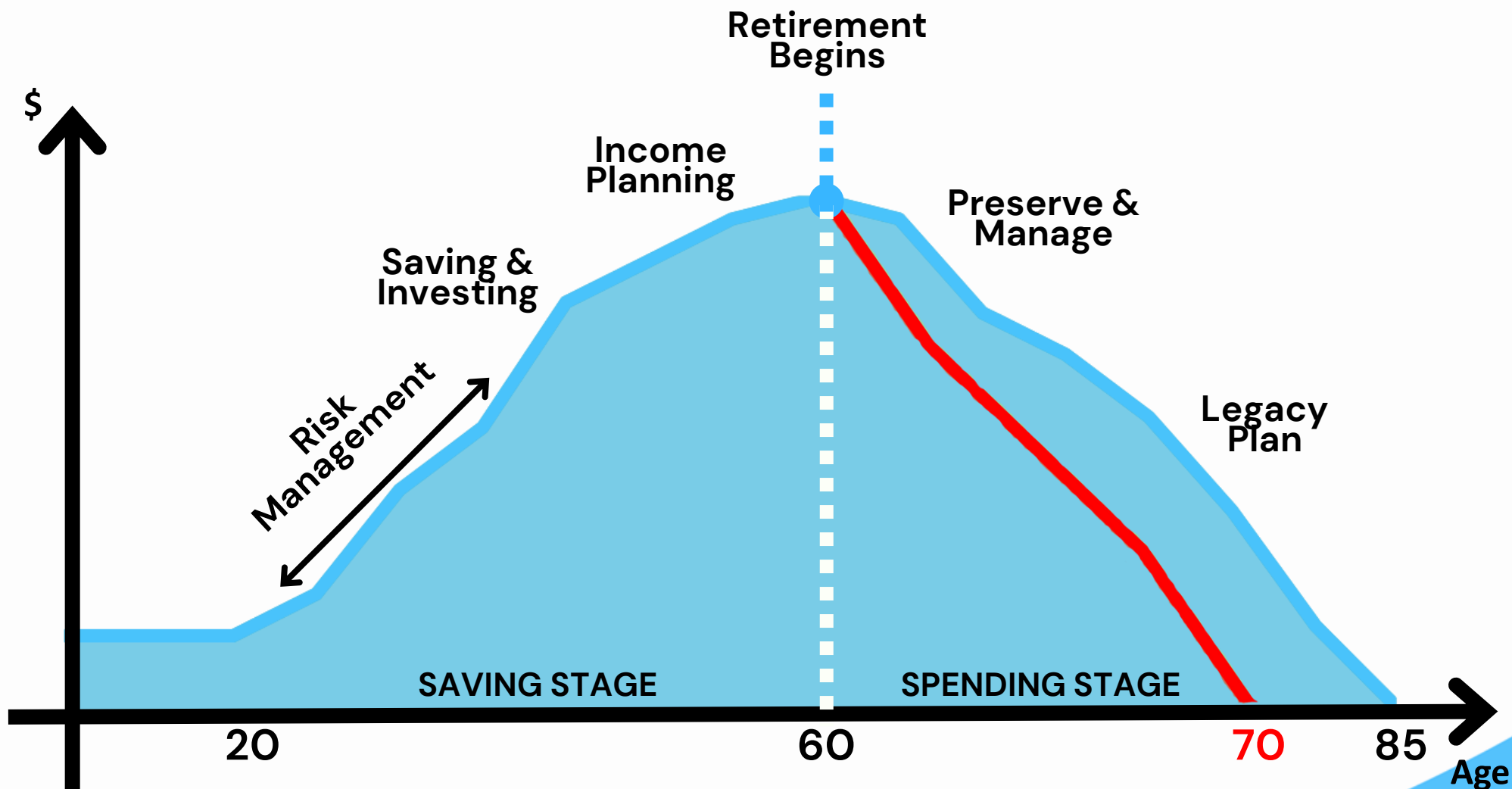
Analyzing income, expenses, savings, investments, debts and risks to create a strategy that ensures financial stability, security and growth over time.

## Why Everyone Needs Financial Planning?

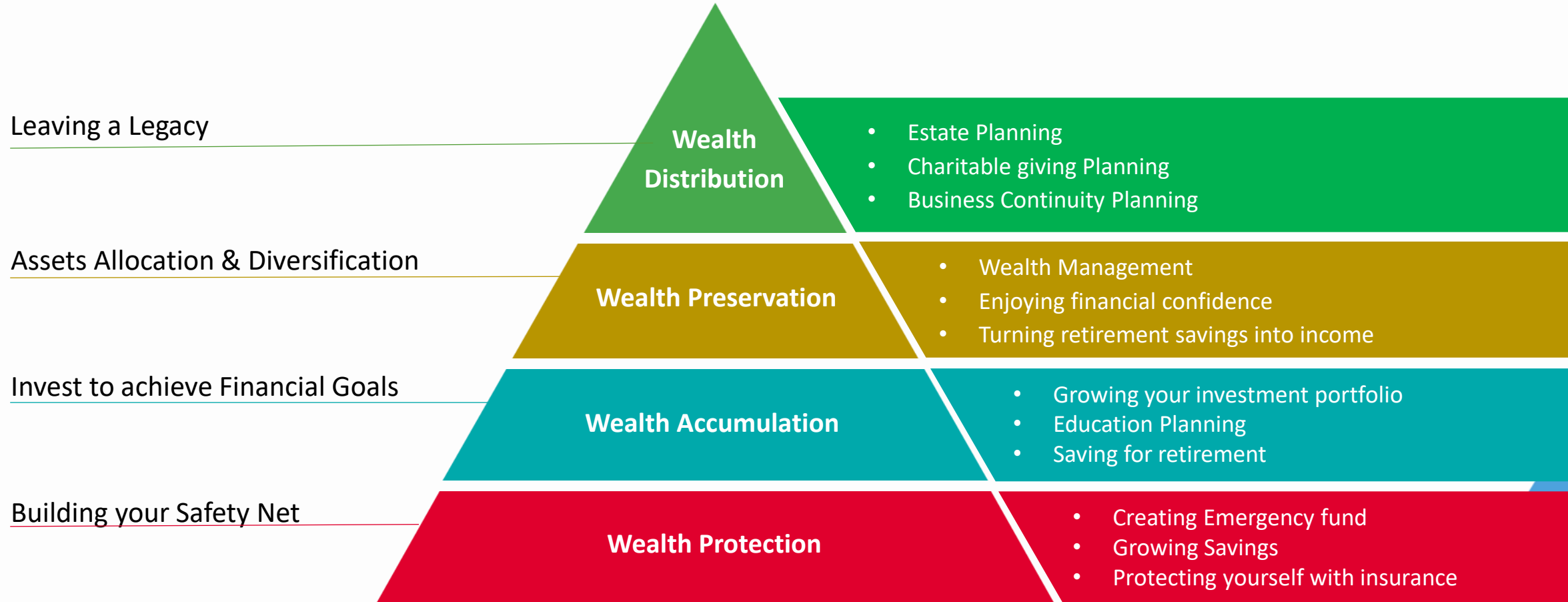
1. Retire one day
2. Longer life expectancy
3. Loss of job
4. Risk of disability or illness or death of breadwinner
5. Surviving dependents need financial support



# Financial Stages of Life



# Financial Planning Pyramid



# STAGE ONE: STARTING OUT TWENTIES

Building a Foundation

Life Events/Goals:



Starting a  
Career



Buy 1st Car



Learn to do budgeting



Set up emergency fund



Begin investing



Pay off student loans

## STAGE TWO: HAPPENING THIRTIES

Growing & Settling Down

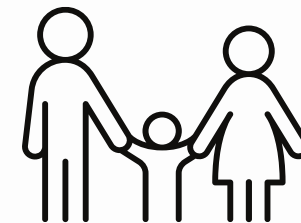
Life Events/Goals:



Get Married



Buy 1st Home



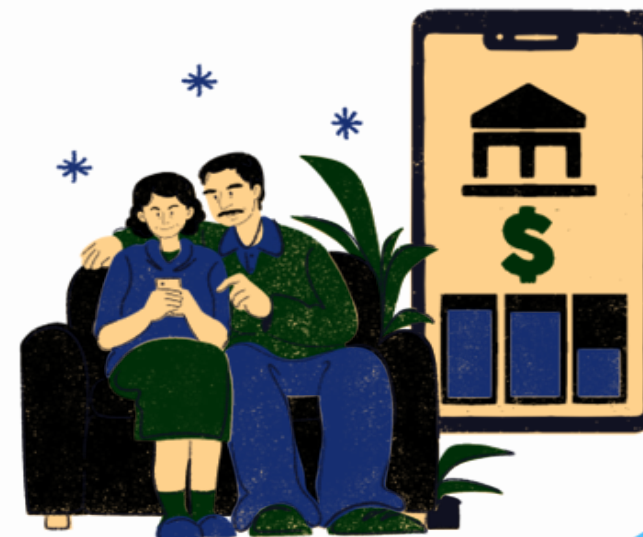
Start a Family



Get life & medical insurance



Grow investment portfolio



Increase retirement savings

## STAGE THREE: ROARING FORTIES

Peak Career & Responsibilities

Life Events/Goals:



Promotion at Work



Start own Business



Starting tertiary  
education savings



Boost income &  
retirement savings



Reduce long-term debts

## STAGE FOUR: STABLE FIFTIES

Pre-Retirement Phase

Life Events/Goals:



Kid Graduates



Caring for Parents



Evaluate long-term care options



Rebalance Investments  
(Lower Risk)



Clear Housing/Car loans

# STAGE FIVE: GOLDEN YEARS

Retirement & Legacy

Life Events/Goals:



Medical  
Bills



Old Age  
Care



Preparing for  
Legacy



Healthcare & Elderly Care planning



Lifestyle goals



Drawing down savings

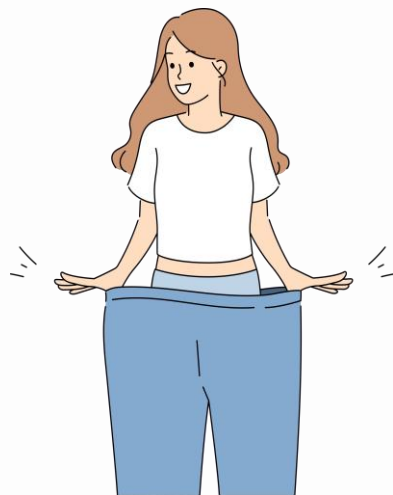
# COMMON FINANCIAL MISTAKES TO AVOID



**Ignoring retirement  
planning**



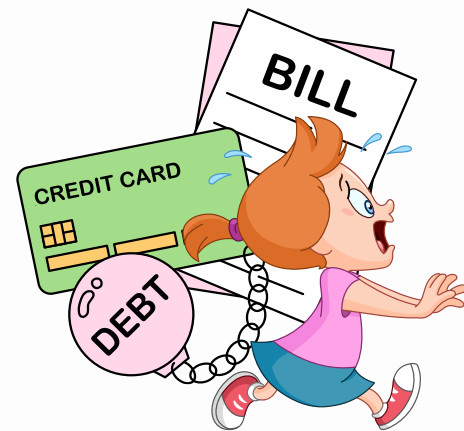
**Overlooking insurance**



**One-size-fits-all  
approach**

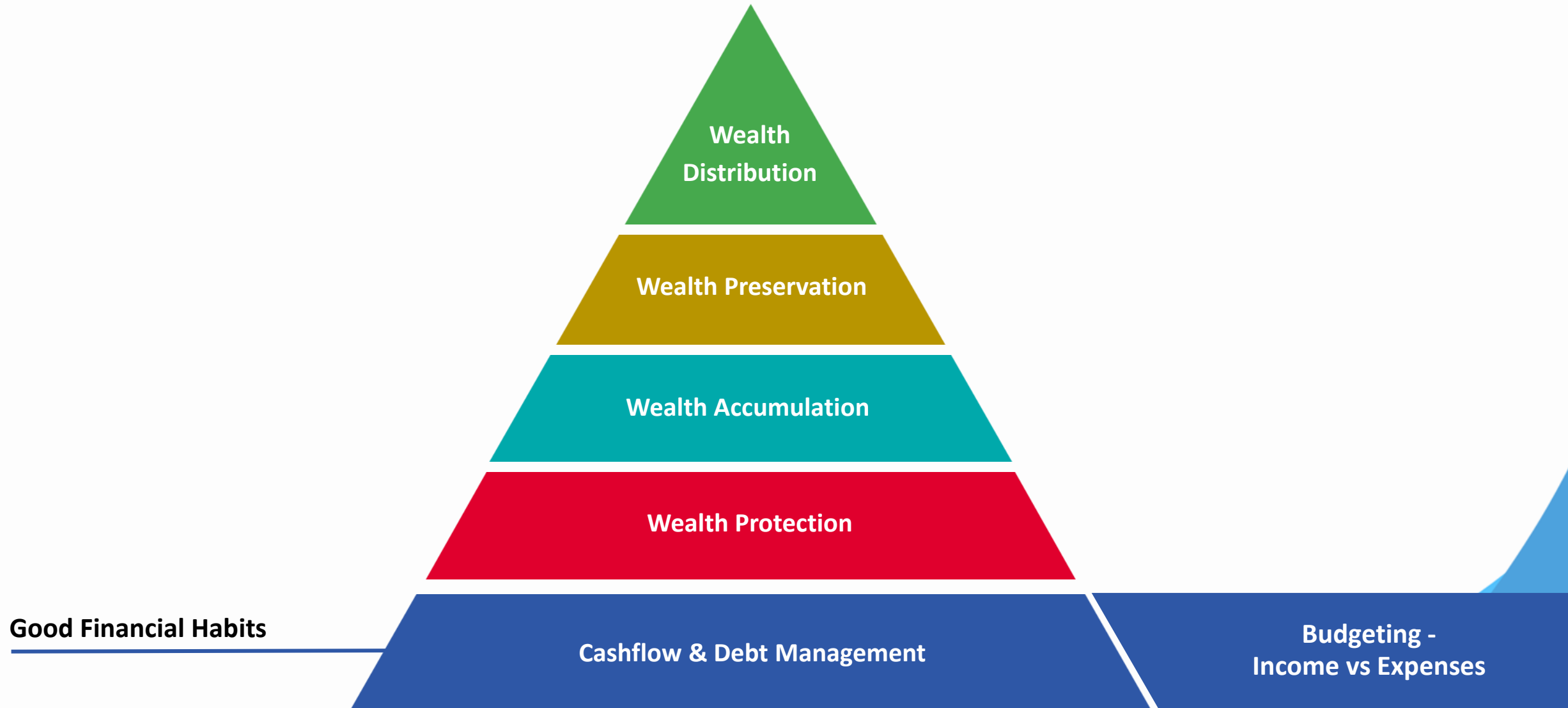


**Not having an  
emergency fund**

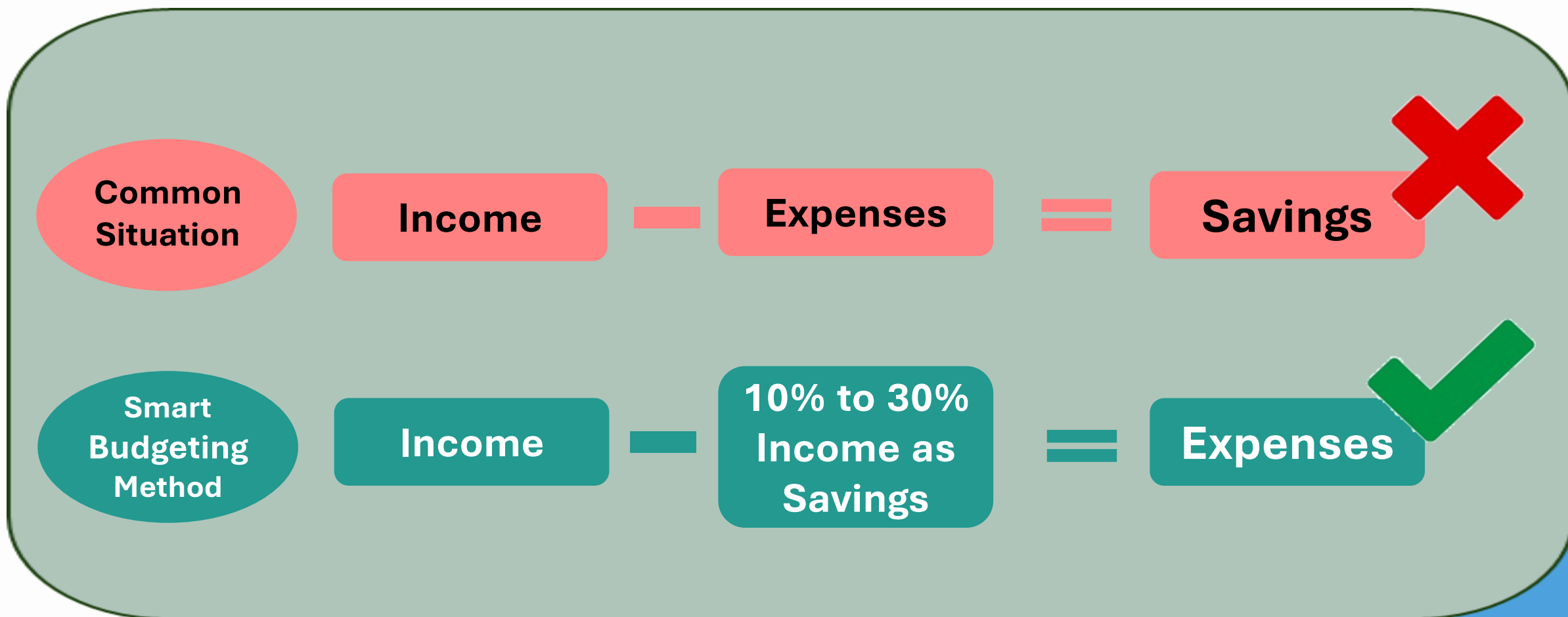


**Ignoring credit score  
& debt management**

# Financial Planning Pyramid



# SMART Budgeting – “Pay Yourself First”



# Rule of Thumb

**Monthly Gross Income:  
RM 3,000**

**30%**

**Personal & Family  
RM 900**



**30%**

**Financial Commitments  
RM 900**



**30%**

**Investments & EPF  
RM 900**



**10%**

**Insurance Premium  
RM 300**



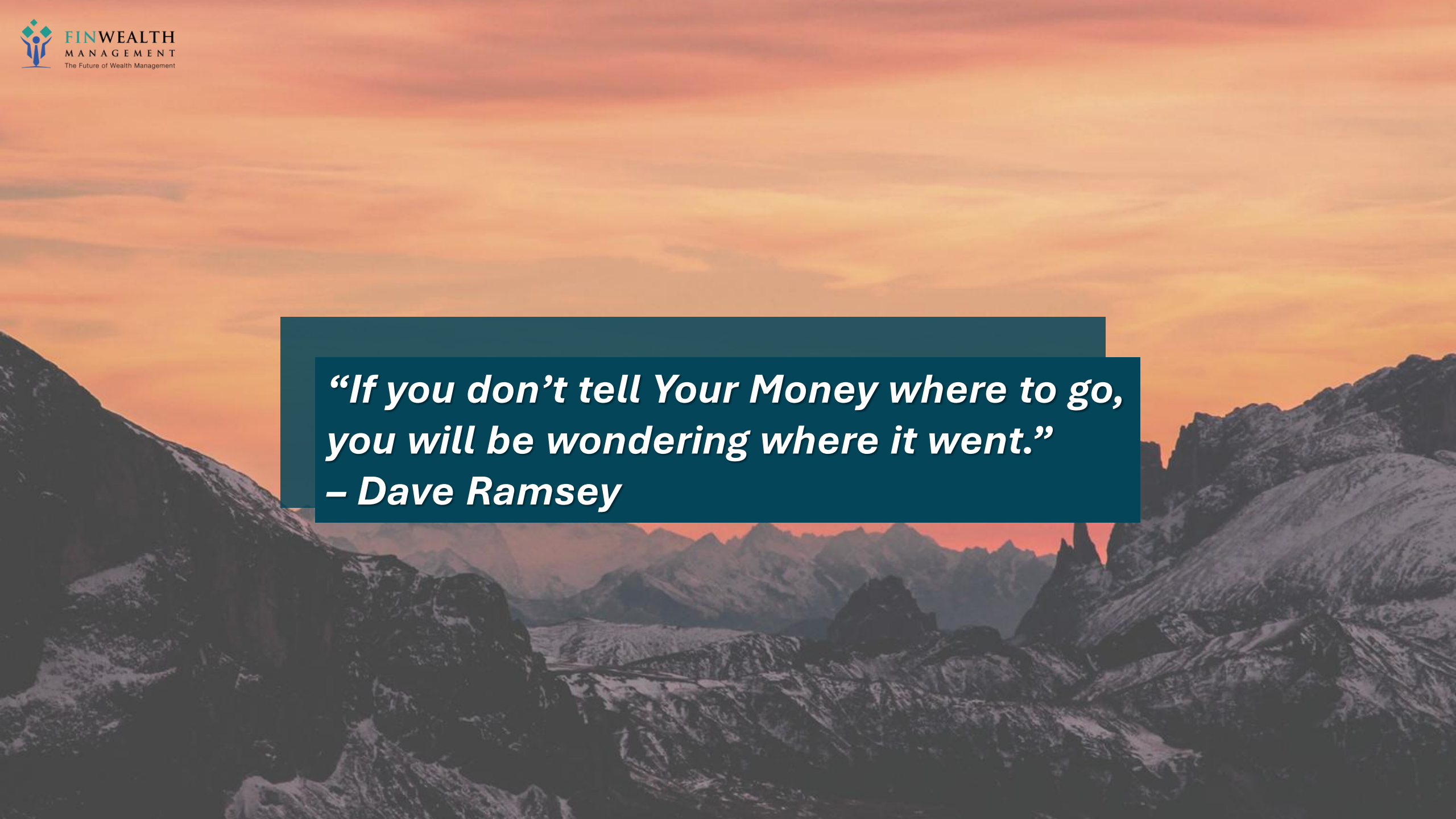
# Knowledge & Awareness

Financial planning begins with  
**Self-awareness and Discipline.**

## Awareness of Good financial habits

- Budgeting - Track Income & Expenses
- Spend within your means
- Emergency fund
- Manage risk
- Save & Invest
- **AUTOMATE**

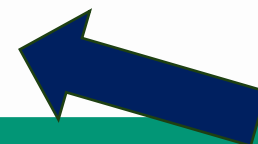




***“If you don’t tell Your Money where to go,  
you will be wondering where it went.”  
– Dave Ramsey***

# Thank You!

ALL THE BEST ON YOUR FUTURE ENDEAVOURS!



SCAN HERE IF YOU  
HAVE ANY OTHER  
ENQUIRES ABOUT  
FINANCIAL PLANNING